

PE Long Term Plan - Whole School

Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Edstart – Fundamental movement skills (moving)		Edstart – Fundamental movement skills (playing) Gymnastics (moving)		Edstart – Intro to games (playing) Sports day events (competing)	
1	Intro to games (playing) Fundamental movement skills (moving)	Dance Intro to striking & fielding (playing)	Basketball Intro to games (competing)	Edstart – wellbeing through sport Fundamental movement skills (playing)	Gymnastics (moving) Sports day events (competing)	Cricket Fundamental movement skills (competing)
2	Intro to striking & fielding games (playing) Fundamental movement skills (playing)	Edstart – wellbeing through sport Intro to games (playing)	Fundamental movement skills (competing) 'Jungle' yoga (moving)	Gymnastics (moving) Intro to net & wall games (playing)	Dance Sports day events (competing)	Fundamental movement skills (moving) Intro to racket skills (playing)
3	Dance Intro to invasion games - Hockey/Rugby (playing)	Handball Intro to striking & fielding – rounders & cricket (playing)	Edstart – wellbeing through sport Intro to invasion games (competing)	Intro to striking & fielding (playing) Intro to yoga (moving)	Intro to net & wall games – tennis & badminton (playing) Intro to athletics (competing)	Edstart – JagTag Swimming (2 weeks x10 sessions)
4	Development of invasion games – basketball (playing) Development of invasion games – hockey/tag rugby (playing)	Development of yoga Development of net & wall games – volleyball & dodgeball (playing)	Dance OAA - orienteering	Development of striking & fielding (playing) Edstart – wellbeing through sport	Edstart – wellbeing through sport Edstart - JagTag	Badminton Development of invasion games – Hockey & Tag rugby (competing)

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5	Edstart – wellbeing through sport Hockey (competing)	Tag rugby (competing) Netball (competing)	Edstart – wellbeing through sport OAA -orienteering	Dance Cricket (competing)	Badminton (competing) Athletics (competing)	Rounders (competing) Swimming (2 weeks x10 sessions)
6	Netball (complete) Edstart – wellbeing through sport	Hockey (complete) Edstart – wellbeing through sport	Basketball (complete) Rounders (complete)	Cricket (complete) Athletics (competing)	Woodland activities OAA - orienteering	OAA – orienteering Dance Edstart – JagTag

Edstart – Steven Hogg (wellbeing through sport programme & JagTag)

Rees Sports – Tim Rees (variety of skills-based sports)

Vicky Attack – qualified dance teacher